



# GRPA Women's Leadership Summit Day One

**8:30 - 9:00 am: Check in**  
**9:00 - 10:20 am: Welcome/Opening**

**10:30 - 11:15 am: Lakita Frazier**  
**Leading with Agency and Authenticity**

Women leaders today face the dual challenge of advancing their careers while staying true to themselves. Lakita will share strategies for leading with intention, setting boundaries, and cultivating a leadership brand that reflects both values and vision.

**11:15 am-12:15 pm: Lunch**

**12:15 - 1:15 pm: Bernita Reese**  
**K.N.O.W. the Power of your Why**

Identify the K.N.O.W. - Knowledge of being of women with power, Networking amongst other leaders and women, Owning the position we hold at the table, Why - the impact we contribute in our purpose. Communicating how our why has purpose, Applying practical strategies to weave within our why, Leveraging the why to build stronger connections.

**1:20 - 2:20 pm: Breakout Session #1**

**Session 1- Lakita Frazier**  
**Building a Voice at the Table**

Women leaders today face the dual challenge of advancing their careers while staying true to themselves. Participants will leave inspired and equipped with practical tools to navigate career challenges, amplify their influence, and lead with confidence rooted in who they are.

**Session 2- Cyndee Bonnaci**  
**How Did I Get Here from There?**

Simple Beginnings, A Desire for More, A Willingness to Pivot. Learn how to take adversity and limits and use them to your advantage. Recognize gaps and missing links and figure out how to fill them. Learn to excel in spaces untraveled and undefined to open doors.

**Session 3- Jadiya Sinclair**

**The Heart of Leadership: Connection, Community and Collaboration**

Discover how authentic relationships fuel both personal and professional growth. In this session, we'll explore the power of connection, community and collaboration as essential tools for women at every stage of leadership. Walk away with practical strategies to build stronger networks and nurture relationships that truly matter.



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## Day One

### **2:25 - 3:25 pm: Breakout Session #2**

#### **Session 1 - Angel Kelly**

##### **Unleash your Voice, Vision and Power.**

This dynamic session empowers you to find your authentic voice, sharpen your vision, and harness your power to create impact. Learn how to overcome self-doubt, communicate boldly, and lead with purpose—owning every room you enter.

#### **Session 2 – Bernita Reese**

##### **Building an Excellence of Culture**

Motivating a team that creates an excellence in a work environment. Speaking on culture is not built by mistakes. but by choice. Ensuring that the personal and professional values reflect growth and excellence. Culture is embedding daily habits and not mission driven.

#### **Session 3 – Jordan Gonzalez**

##### **No More Passenger Princess**

This session shares the authentic leadership journey of a recreation professional and, mother of three. Explore becoming the pilot of your career and life, lead in a way that feels true to you and find ways to integrate your whole self into work and life. Through stories, reflections and practical takeaways, you'll leave with tips, "ah-ha" moments and ideas to become the best leader for yourself and others.

### **3:45 - 4:45 pm: Session- Angel Kelly**

#### **The Power Pivot: Leading Unapologetically with Authenticity, Connection and Wholeness.**

This high-impact session challenges you to lead unapologetically—rooted in authenticity, connection, and wholeness. You'll explore what it means to own your full identity, build trust through real connection, and step into leadership that reflects who you truly are. Get ready to pivot from performing to powerful presence—and lead like you mean it.



**GRPA  
Women's  
Leadership  
Summit  
  
Day Two**

**9:00 - 10:00 am: Shajra Thrasher**

**Treat Yo'Self: Prioritizing Self-Care in the Workplace**

Inspired by Parks and Recreation, this session focuses on self-care, mental health awareness, and celebrating yourself. Because, in a profession that never really “turns off,” you deserve it. Parks and recreation professionals really never stop working, leaving little time to recharge. This session invites attendees to reflect on their own well-being, challenge the guilt associated with taking time for themselves, and explore realistic ways to prioritize mental health while continuing to serve their communities.

**10:10 - 11:10 am: Crystal Dawson**

**Rooted in Parks**

Things I learned and skills I honed from working in Recreation & Parks and how it has made me a more effective leader outside the field.

**11:15 am - 12:00 pm: Lunch**

**12:00 - 1:00 pm: Paige Raskin**

**How to be you in a world that doesn't know what to do with you!**

How to lean into being who you truly are in person and online. Strategies for how to navigate speaking up in the workplace and on-line. We live in a world that requires just as much attention to real life interactions as online interactions. I want to help women understand how to do both and how to build their own personal brand at the same time.

**1:00 - 2:00 pm: Wrap-up/Debrief**